

Kind
Empowering Values
Nurturing Active
Nourishing Leaders
Aspiring Enriching
Life-Long
Learning

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Year 3 Swimming Lessons – Penryn Primary Swimming Pool

Dear Families,

As part of our P.E Curriculum, we teach swimming to KS2 children throughout the school year. Year 3s will be swimming throughout the Spring and Summer term, split into three manageable groups; each group will have a half term block of lessons.

The aim of the lessons first and foremost is to promote water confidence and water safety. Second to that is the development of swimming skills and technique, covering the recognised swim strokes: front crawl, back stroke, breast stroke and butterfly. Our curriculum aim, by the end of Year 6, is for all children to be proficient in these strokes, swimming at least a minimum of 25 metres with the added confidence of self-rescue techniques.

The pace and content of the lessons will be dictated by the ability of the children; nurturing the confidence of all swimmers, whilst stretching and challenging more confident swimmers.

Lessons will take place on Wednesday mornings, 0930 at Penryn Primary School's swimming pool. Children will be transported using the mini bus and return to school in time for morning break time.

Engagement in school swimming is compulsory as part of the National Curriculum, so if your child has any anxieties about swimming, please do speak with Miss Rogers or me about how we can support them and build their confidence. I will adapt activities to develop confidence at the level required. The environment at the pool is a really positive one.

Your child will need to bring an appropriate **swimming costume** (no bikini style costumes or baggy/long shorts), **towel**, **swim hat** and **goggles**. A donation of £1 per lesson is gratefully appreciated to contribute towards our transport costs.

Once I have had the forms returned, I will notify parents which group their child will be in.

Please complete and return the form below, adding any useful information about your child's swimming ability.

All the best,

A handwritten signature in black ink, appearing to read "R Chirgwin".

Mr R Chirgwin

I agree to _____ participating in swimming lessons taking place at Penryn Primary School – Spring/Summer Term 2022

Signed: ----- Date: -----

Useful information (swimming level/confidence levels/attends swimming lessons):