

We are delighted to welcome you to the new Spring/Summer menu, which we hope your child will love as much as we do! We continue to put quality at the heart of our food offer, whilst not forgetting to support our British farmers. To make sure every dish we serve tastes great, our Chefs have re-tested over 200 dishes for the Spring/Summer menus to guarantee recipes are of the highest standard. The Development Team would love to hear your feedback on our menus, so please email us at info.eden@interserve.com



"Our eggs are Free Range Eggs from St Eve Farm in Truro"



"All of our meat is British Red Tractor certified"



"Gold Food for Life Catering Mark menu: guarantees we serve high quality, fresh food which is better for British farming and animal welfare"



"We only use sustainable fish"



"We only use Fairtrade certified bananas and granulated sugar"

Monday

Tuesday

Wednesday

Thursday

Friday

WEEK 1 w/c 11th April, 2nd May, 23rd May, 20th June, 11th July, 12th September, 3rd October

<p> Tuna Pasta Bake with Tomato Bread</p> <p> Cheese and Tomato Pizza with Roasted Potato Wedges</p> <p> Peas Sweetcorn</p>	<p> Chicken in a Roll with Homemade Tomato Relish and Roasted Potato Wedges</p> <p> Macaroni Cheese with Herb Bread</p> <p> Broccoli Leeks</p>	<p> Roast Topside of Beef with Yorkshire Pudding and Gravy with Roast or Mash Potato</p> <p> Summer Vegetable Crumble with Gravy and Roast or Mash Potato</p> <p> Carrots Cauliflower</p>	<p> Sausage Roll with Mash Potato</p> <p> Jacket Potato with a Choice of Fillings</p> <p> Peas Coleslaw</p>	<p> Cod Fillet Fishfingers with Homemade Tomato Sauce and Chips or Pasta Twists</p> <p> Vegetarian Sausages with Homemade Tomato Sauce and Chips or Pasta Twists</p> <p> Baked Beans Sweetcorn</p>
<p> Apple Sponge with Custard</p>	<p> Chocolate Marble Sponge with Chocolate Sauce</p>	<p> Vanilla Ice Cream with Fruity Sauce</p>	<p> Chocolate Shortbread</p>	<p> Flapjack and Fruity Friday</p>

Served Daily

Freshly Baked Bread

Seasonal Salads

Fresh Fruit

Organic Yeo Valley Yoghurt



Monday

Tuesday

Wednesday

Thursday

Friday

WEEK 2 w/c 18th April, 9th May, 6th June, 27th June, 18th July, 19th September, 10th October

<p> St Vincents Mix Up Chicken Wrap with Roasted Vegetable Rice</p> <p> Cheese Whirl with New Potatoes</p> <p> Barbecue Beans Coleslaw</p>	<p> Beef and Tomato Pizza with Herb Potatoes</p> <p> Sweet Potato and Chickpea Curry with Fluffy Rice</p> <p> Sweetcorn Peas</p>	<p> Roast Pork and Apple Sauce with Gravy and Roast or Mash Potato</p> <p> Vegetarian Parcel and Gravy with Roast or Mash Potato</p> <p> Spring Cabbage Carrots</p>	<p> Pasta Bolognese with Garlic Bread</p> <p> Jacket Potato with a Choice of Fillings</p> <p> Peas Coleslaw</p>	<p> Breaded Haddock Fillet with Homemade Tomato Sauce and Chips or Pasta Twists</p> <p> Cheese and Tomato Quiche with Chips or Pasta Twists</p> <p> Baked Beans Vegetable Sticks</p>
<p> Chocolate Cake with Chocolate Sauce</p>	<p> Fruity Jelly</p>	<p> Vanilla Ice Cream with Chocolate Sauce</p>	<p> Carrot Cake</p>	<p> Shortbread and Fruity Friday</p>

WEEK 3 w/c 25th April, 16th May, 13th June, 4th July, 5th Sept., 26th Sept., 17th October

<p> Sausages with Mash Potato and Gravy</p> <p> Vegetable Lasagne with Garlic Bread</p> <p> Green Beans Sweetcorn</p>	<p> St Peter and St Pauls Turbo Chicken with Pasta Twists</p> <p> Cheese and Onion Pasty with Mash Potato</p> <p> Roasted Vegetables Barbecue Beans</p>	<p> Roast Turkey and Stuffing with Gravy and Roast or Mash Potato</p> <p> Vegetarian Cottage Pie with Gravy and Roast or Mash Potato</p> <p> Spring Cabbage Carrots</p>	<p> Chilli Con Carne with Fluffy Rice</p> <p> Jacket Potato with a Choice of Fillings</p> <p> Broccoli Vegetable Sticks</p>	<p> Cod Fillet Fishfingers or MSC Salmon Fishfingers with Homemade Tomato Sauce and Chips or Pasta Twists</p> <p> Vegetarian Burger with Homemade Tomato Sauce and Chips or Pasta Twists</p> <p> Baked Beans Peas</p>
<p> Peach Crunch Crumble with Custard</p>	<p> Vanilla Muffin</p>	<p> Fontinelli's Ice Cream and Fantastic Fruity Fruit Salsa</p>	<p> Oaty Cookie</p>	<p> Chocolate Brownie and Fruity Friday</p>

Contains at least half a portion of fruit, to help pupils on their way to achieving their 5 A DAY
 Contains at least half a portion of vegetables, increasing fibre, folate, vitamin A and vitamin C.
 Includes wholegrain offering pupils a great source of fibre for healthy digestion.